

The



Home Binder

Manage your caregivers,  
family and life

# Babysitter instructions:

I will be back .....

Cell Number.....

Rate: \$

Please make sure the kids:

1.

2.

3.

4.

For snacks and meals:

Favorite activities:

Morning or bedtime routine:

Babysitter notes:

# Housekeeping Notes

Kitchen

---

---

---

Bathrooms

---

---

---

Living Room

---

---

---

Master Bedroom

---

---

---

Kid's Rooms

---

---

---

---

---

---

---

# Grocery list:


To Do:



Task

Notes

	Task	Notes

# In Case of Emergency

Dial **911** in a life-threatening situation

Poison Control (800) 222-1222

Parent

.....

Parent

.....

Friend/Neighbor

.....

Fire Department

.....

Police Department

.....

School Office

.....

Local Emergency Room

.....

Doctor

.....

Dentist

.....

Health Insurance

.....

## Child information

Full Name

.....

Full Name

.....

Birthday

.....

Birthday

.....

Weight as of (date)

.....

Weight as of (date)

.....

Medical conditions

.....

Medical conditions

.....

Allergies

.....

Allergies

.....

Notes

.....

Notes

.....

This week...

Name	Mon	Tues	Wed	Thur	Fri	Saturday	Sunday

This month...

Sunday	Mon	Tues	Wed	Thurs	Fri	Saturday