

# Room-by-room decluttering checklist:

## Kitchen

Donate:

- Duplicate gadgets.
- Unused small appliances.
- Unused fancy dinnerware.
- Cookbooks you don't use.
- Excess trays, platters, glassware, children's plates.

Throw away:

- Foods you tried but didn't like.
- Damaged plasticware.
- Food containers with no matching lids.

## Bedroom

Swap out:

- Bedding for the season.

Put away:

- Off-season bedding.
- Excess pillows and piles of clothing.
- Jewelry (in a dish or box).
- Unread books, glasses, etc. from nightstands.

Donate:

- Excess or outdated decor.
- Clothes in drawers that are no longer worn.

## Bathroom

Toss out:

- Expired cosmetics, skincare products and medications.
- Products you don't use/like.
- Worn-out hair ties and accessories (put ones you use in a container).
- Dead or dying plants.
- Containers that look nice but are never used.
- Bulk paper products, shavers, etc. (store them in a closet)
- Past-their-prime razors and bath puffs.
- Empty shampoo/ conditioner bottles.

## Closet

Let go of:

- Clothes and shoes you no longer wear.
- Unworn, outdated or damaged accessories.
- Excessive hangers or unused storage containers.
- Bedding/linens that no longer fit or are damaged.
- Unused sports or fitness equipment.
- Loose holiday decor.

## Living Room

Get rid of:

- Excess decor on coffee and side tables.
- Extra throw pillows.
- Dated knickknacks.
- Any excess furniture.
- Old newspapers and magazines.

## Office

Donate:

- Under-capacity filing cabinets.
- Excess or stagnant decor.
- Old electronics.
- Unused books.

Trash:

- Broken or worn-out furniture.
- Dried up pens/pencils with no erasers.
- Broken staplers, hole punchers, etc.